

Pre-Prep Menu Summer 2021

Week 1				
Monday	Tuesday	Wednesday	Thursday	Friday
Bacon Mac'n'Cheese Carrot/Cucumber Fruit Crumble & Custard Yoghurt	Toad In the Hole Cheesy Mash Gravy Seasonal Vegetables Fresh Fruit Salad Yoghurt	Tomato, Chicken & Basil Pasta Bake Garlic Slice Peas Broccoli Sticky Toffee Pudding & Cream Yoghurt	Roast Beef & Yorkshire Puddings Bacon & Cheese filled Roast Potatoes Seasonal Vegetables Gravy Fresh Fruit Salad Yoghurt	Chicken Goujons Chipped Potatoes Peas Baked Beans Arctic Roll Yoghurt

Week 2				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Tikka Masala Rice Poppadum's Mango Sauce Carrot/Cucumber Fruit Jelly Yoghurt	Beef Burger & Buns Potato /Sweet Potato Wedges Baked Beans Fresh Fruit Salad Yoghurt	Pasta with Carbonara Garlic Slice Peas Sweetcorn Syrup Sponge & Custard Yoghurt	Roast Chicken & Stuffing Roast Potatoes Seasonal Vegetables Gravy Fresh Fruit Salad Yoghurt	Sausages Chips Peas Angel Delight Yoghurt

Week 3				
Monday	Tuesday	Wednesday	Thursday	Friday
Beef & Ale Pie New Potatoes Seasonal Vegetables Gravy Summer Fruit Mess Yoghurt	Crispy Chicken & noodles Rice Green Beans Fresh Fruit Salad Yoghurt	Meatballs in Bolognaise Sauce Garlic Bread Grated Carrot Cucumber Banoffee Pie Yoghurt	Roast Pork & Apple Sauce Roast Potatoes Seasonal Vegetables Gravy Fresh Fruit Salad Yoghurt	Fresh Baked Ham Fish Pie Chipped Potatoes Peas/Sweetcorn Apple Crumble & Custard Yoghurt